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Dear Friends,

I bring to you greetings as we celebrate Falun Dafa Day, here in Canada and around the world. Falun Dafa promotes the guiding principles of, "Truthfulness, Compassion and Forbearance."

People from every region of the world experience an unending list of struggles and hurdles every day of our lives. All of us need to have a means to handle the incredible challenges that we face, both on a collective and personal level. All of us must have a means to regenerate our inner strengths including our spiritual, mental and physical wellbeing. It is essential that each of us as individuals and families develop and exercise our personal abilities and strengths if we are going to be an engaged citizen who contributes to efforts to achieve the overall goal of societal harmony, trust and growth.

On a personal level, like many, I found it challenging to navigate the disruptive and never ceasing currents that we all experience in our personal, family and occupational journeys. However; through opportunities to develop strong relationships in the numerous First Nations with many Indigenous friends, elders and leaders, I was fortunate enough to be welcomed to learn about and participate in the culture, knowledge and customs of these outstanding people. As a result of the bonds and relationships that were made possible through such association, I have been fortunate enough to learn about, practice and enjoy the benefits of the knowledge and customs they have generously shared with me.

No matter what path or stream one follows in search of personal strength, resilience and harmony, it is important that all have spiritual guidance and support.

As MPP on behalf of the people of Algoma-Manitoulin, on this, the 29<sup>th</sup> anniversary of spreading Falun Dafa I wish for everyone that you find all of the love, support and happiness the world has to offer.

Best wishes,

Michael Mantha, MPP  
Algoma-Manitoulin